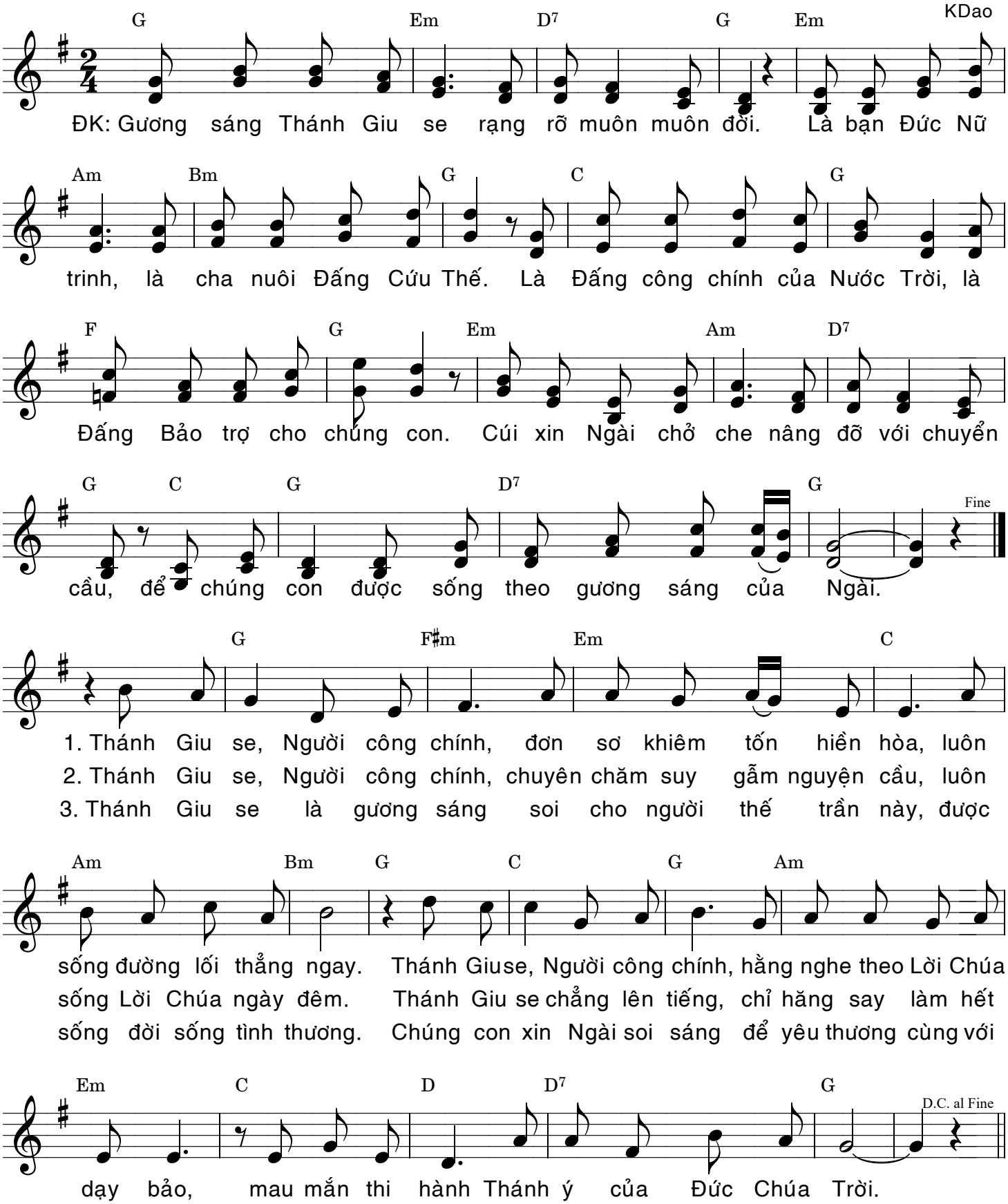Gương sáng Thánh Giuse